



Jimmy Feigen ...at a glance



Swimming

Career Highlights

- 2015 FINA World Championships Team Member
- 2012 Olympic Silver medal 4x100 meter Freestyle relay
- 2013 World Championships Silver Medalist in the 100 meter Free
- 2014 Pan Pacific Team Member
- Three-time NCAA Champion
- 24-Time All American

Vital Statistics

- Born:** September 26, 1989
- Hometown:** San Antonio, TX
- Resides:** Austin, TX
- Height:** 6'5"
- Education:** University of Texas

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getting to know...

Jimmy Feigen

Biography

"There is no magic potion. . ."

Swimmers are known for having humongous appetites. The thought of chowing down after a long practice or big meet motivates – and occasionally inspires us. Olympic silver medalist and multiple NCAA national champion Jimmy Feigen got his motivation from a hot dog. Feigen recalls riding with his mom on the way to an age-group meet, where he fully expected to place second to a bigger, more powerful swimmer in the 11-12 boys' 50 fly. And he was content with that. But his mom challenged him to dream bigger. When they got to the meet, she bought him what she called a "magical hot dog" that would give him super powers in the water. Young Feigen ate it up – literally and figuratively – then dove in and beat that bigger kid to the wall. As he progressed through the sport's ranks, Feigen eventually realized that there is no magic hot dog.

His success derived from what he did in practice every day and what he did at meets – and what he learned from studying his performances along the way. He broke out during his senior year of high school, winning the 2008 Texas state championship in the 50 and 100 freestyle, setting national prep records in both races. That summer, he competed at his first Olympic Trials before enrolling at the University of Texas, where he began swimming under legendary Longhorns coach Eddie Reese. By the time he graduated, he'd won a pair of individual NCAA titles in the sprint freestyle, a relay title and 24 total All-American honors.

All that experience gave Feigen the confidence he needed to contend for a Spot at the 2012 Olympic Trials. He made the team in the 4x100 freestyle relay. In addition to winning a medal for his country, he cherished becoming teammates and friends with swimmers and athletes he had always admired. "London allowed me to spend time with swimmers that I had competed against for years and only known as acquaintances," he says, "and we left London as friends and teammates."

After returning from the Olympics, Feigen entered a new phase of his career: becoming a professional. He is still based in Austin and trains under Reese but now fits his training in around Phox, his new startup business (which provides hubs all over town where customers can charge their electronic devices), sponsor obligations and his Fitter & Faster clinic schedule. "It's all on me now," he says. "It comes down to growing up and taking personal responsibility for what I'm doing."

That realization has reinforced what he teaches students at his Fitter & Faster clinics: "Make a plan, stick to the plan, set goals for yourself and do what you need to achieve them. That's what being a fast swimmer is all about. It's what being a great athlete is all about and it's what being a great person is all about."